



Spruce Lap Pool Schedule

August 1st- August 12th

Pool Schedule subject to change. Please check the bottom of the page for anticipated changes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:00am	Lap Swim 6:00-10:00	Lap Swim 6:00-1:00	Lap Swim 6:00-10:00	Lap Swim 6:00-1:00	Lap Swim 6:00-7:00						
6:30am											
7:00am											
7:30am											
8:00am											
8:30am											
9:00am											
9:30am											
10:00am	6 lanes open 10:00-11:15 Lessons		6 lanes open 10:00-11:15 Lessons		6 lanes open 10:00-11:15 Lessons	Lap Swim 10:00-1:00	Lap Swim 10:00-1:00				
10:30am											
11:00am	Lap Swim 11:15-1:00		Lap Swim 11:15-1:00		Lap Swim 11:15-1:00			Lap Swim 11:15-1:00			
11:30am											
12:00pm											
12:30pm											
1:00pm	4 lanes open 1:00-5:00 Open Swim		4 lanes open 1:00-5:00 Open Swim		4 lanes open 1:00-5:00 Open Swim			4 lanes open 1:00-5:00 Open Swim	4 lanes open 1:00-5:00 Open Swim	4 lanes open 1:00-6:00 Open Swim	4 lanes open 1:00-6:00 Open Swim
1:30pm											
2:00pm											
2:30pm											
3:00pm											
3:30pm											
4:00pm											
4:30pm											
5:00pm	Lap Swim 5:00-8:00	Lap Swim 5:00-6:00	Lap Swim 5:00-8:00	Lap Swim 5:00-6:00	Lap Swim 5:00-8:00						
5:30pm		4 lanes open 6:00-7:00 BAM		2 lanes open 6:00-7:00 Drop-in H2O Fit & BAM							
6:00pm											
6:30pm		Lap Swim 7:00-8:00		Lap Swim 7:00-8:00							
7:00pm											
7:30pm											
8:00pm											

"Lanes open" indicates lanes open to the public.

Lessons done 8/5